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# THE CHALLENGER

*The Health - Rehabilitation - People With Disabilities - Seniors - Newspaper*



**web: [www.thechallengernewspaper.com](http://www.thechallengernewspaper.com)**

**(702) 496-8198**



*January*

*Vol. 29 No. 1*

**2025**

## **A Story of Triumph: Floyd White Jr.'s Journey to Recovery and Independence** *Nevada Community Enrichment Program*

Floyd's life changed instantly when he suffered a stroke earlier this year that left his left side weak. This life-altering event left him unable to walk and caused severe impairment in his left arm, making even the simplest tasks feel impossible. He also had speech, comprehension, and voice problems that affected his overall communication.

When Floyd arrived at the Nevada Community Enrichment Program (NCEP) in July 2024, he needed a wheelchair to get around and he needed assistance for nearly every aspect of his daily life. Standing and transferring from his bed required help. He needed assistance with basic daily activities like bathing, grooming, and toileting, as well as more complex tasks such as managing household chores and errands.

Yet, despite these challenges, Floyd refused to give up. Determined to get better, he committed fully to the comprehensive rehabilitation program at NCEP which he attended from 9 am to 3 pm, Monday to Friday. After the therapy day and every weekend, Floyd stayed at NCEP's residential program at the Hastings House where he had the opportunity to practice his skills in a home and community setting.

Through intensive physical therapy, occupational therapy, and speech therapy, Floyd made remarkable progress. He transitioned from using a wheelchair for mobility to walking independently using a quad cane. He became independent in dressing, bathing, and toileting. He was able to participate in meal planning and cooked simple meals. Tasks that once seemed insurmountable, like transferring out of bed or moving independently, became achievable as his confidence and strength grew. Speech therapy also played a crucial role in his recovery, addressing vocal cord function, memory, and comprehension deficits which all improved to close to his prior level.

In November 2024, Floyd graduated from the NCEP program. He also passed his driving test and resumed driving, regaining the freedom that comes with mobility. Throughout his journey, Floyd expressed deep gratitude for the care, encouragement, and support of the NCEP staff and his peers, who cheered him on every step of the way. Floyd White Jr.'s story is one of resilience, determination, and the transformative power of community support and comprehensive neurorehabilitation.

Through his hard work and the



**Mr. Floyd Wright and wife Wanda**

support of those around him, Floyd proved that recovery is possible, and that hope can lead to extraordinary outcomes.

## **Thanksgiving at the Nevada Community Enrichment Program (NCEP)**

**Annual Event Provides Meals and great socialization**

*(see article and pics on page 10)*

## **Physical Therapy Right at Home ? YES ! "Honest Physical Therapy"**

*(see page 9)*